

# Sabrina Rock

## Circum Vitae

### Education

Doctor of Philosophy, Integral and Transpersonal Psychology, California Institute of Integral Studies (CIIS)

Master of Science in Consulting Psychology, Alliant International University (AIU)

Master of Business Administration, Alliant International University

Bachelor of Arts in Psychology, California State University San Marcos (CSUSM)

Bachelor of Arts in Women's Studies, California State University San Marcos

### Teaching Experience

CIIS, Integral and Transpersonal PhD Program Adjunct Instructor: August 2021 – present

Courses: Critical Thinking with Integral and Transpersonal Psychology  
Scholarly Writing for Integral and Transpersonal Psychology

Allan Hancock College, Social and Behavioral Sciences Instructor: August 2016 - December 2020

Courses: Family Consumer Science 131 Life Management  
Human Services 102 Case Management of Diverse Clients  
Human Services 104 Group Dynamics  
Human Services 107 Serving Culturally Diverse Clients  
Human Services 108 Crisis Management  
Human Services 142 Co-occurring Disorders  
Human Services 144 Twelve Step Facilitation  
Psychology 101 Intro to Psychology  
Psychology 106 Alcohol, Other Drugs, and Addiction  
Psychology 121 Social Psychology  
Psychology 132 Drugs, the Brain, and the Body

Laurus College, Professional Business Systems Instructor: December 2014 - November 2015

Courses: Math 101 Business Applications  
English 101 Business Communications  
Communication & Decision Making 101  
Business 150 Intro to Accounting

CSUSM Women's Studies Department, Student Discussion Leader: Aug 2004 - June 2005

Courses: Women's Studies 101 Intro to Women's Studies  
Women's Studies 303 Education, Race, Class and Gender  
Women's Studies 450 Gender and Cinema

### Publications

Rock, S. (in press). Nurturing touch: Physiology, historical context, and psychotherapeutic implications. *International Journal of Transpersonal Studies*.

Lovern, J., & Rock, S. (2021). Beyond Craving: Cue-Induced Dissociative State Switches in Substance Use Disorders. *Journal of Psychoactive Drugs*, 53(1), 35-39.

<https://doi.org/10.1080/02791072.2020.1800873>

### **Tutoring Experience**

Behavioral Statistics Tutor, Academic Support Center @ AIU

Writing Tutor & Dissertation Editor, Academic Support Center @ AIU

Workshop Designer & Training Facilitator, EOP/SSS @ CSUSM

### **Core Competencies**

- American Psychological Association (APA) formatting and writing
- Quantitative research methods
- Survey design and analysis
- Curriculum design for diverse learning styles and diverse populations
- Mentoring, motivating and empowering students
- Effective communication skills
- Critical thinking and integration of ideas from multiple perspectives

### **Internships**

Talent Smart: June 2013 - March 2014

- Conducted market and academic research in emotional intelligence
- Updated certification training materials and online training materials

Stand Out International: October 2010 - May 2011

- Maintained blog and wrote reports, narrative/popular articles, and persuasive articles
- Coached clients in career development

Guiding Mindful Change: June 2010 - May 2011

- Developed training materials for wellness coaching training
- Updated website content with wellness coaching models and methods

### **Employment History**

CIIS Integral and Transpersonal PhD Program, Program Manager: April 2019 - February 2022

- Responsible for communications with students, processing paperwork, and data management
- Collaborated with faculty to schedule coursework and intensives
- Coordinated with Registrar, Business Office, Prov

Holdsambeck Behavioral Health: February 2014 - August 2014

- Consulting project to bridge the gap between behavior therapists and administrative staff
- Made recommendations for improvements to policies, training, and communication
- Worked with clients as Registered Behavior Therapist
- Responsible for hiring, training, and scheduling of behavior therapists

Laurus College, Instructor and Student Services Coordinator: February 2015 - November 2015

- Designed and instructed classes in live-online platform
- Designed a Student Success Assessment and Program
- Provided counseling for students with high-risk factors and with special needs

Academic Success Center: Writing and Statistics Tutor: October 2008 - August 2010

- Tutored students and aided in goal setting, creating action plans and timelines
- Assisted in research design and ran statistical analysis for dissertations

AIU Organizational Consulting Center: Consultant: January 2008 - May 2009

- Conducted workflow analysis and redesigned job descriptions
- Designed and managed assessments for succession management planning

R&V Management Corporation: On-Site Property Manager: June 2006 - October 2008

- Managed small staff of leasing agents and maintenance personnel
- Coordinated with multiple subcontractors for apartment turns and emergency maintenance issues

CSUSM EOP/SSS: Programs Coordinator: August 2003 - May 2006

- Designed and facilitated workshops on topics such as time management and academic success
- Managed fundraising and event planning for student activities and trips
- Provided individual academic counseling

### **Volunteer Work**

Chairperson, Thirteenth Annual Psychology Student Research Fair (CSUSM)

Chairperson, University Student Union Advisory Board (CSUSM)

Founding Member & Treasurer, TRIOTA Women's Studies Honor Society

Student Organization Committee Representative, TRIOTA Women's Studies Honor Society

Co-Coordinator, CSUSM Women's History Month

Fundraiser & Participant, "March for Women's Lives" in Washington D.C.

Mentor, Jewish Family Services Mentoring Mom's Program

Active Participant, Educational Opportunities Program

Volunteer, Twelfth Biennial Conference of the Constructivists Psychology Network

### **Awards & Honors**

CSUSM Graduate Magna Cum Laude

CSUSM Student Support Services Program "Senior Excellence Award" Recipient

TRIOTA, Women's Studies Honor Society

Psi Chi, Psychology Student Honor Society



**Unpublished Course Research & Projects**

“An Investigation of Student and Faculty Perceptions of the Course and Instructor Feedback Form at Alliant International University”

Thesis for Master of Science in Consulting Psychology (AIU)

“The Benefits of Job Fit in Relation to Job Satisfaction”

Research Paper for Qualitative Methods Class (AIU)

“The Impact of Diversity in an Organization”

Qualitative Study for Organizational Diversity class (AIU)

“The Sexuality of Disney: A Content Analysis of Animated Film Characters”

Poster presented at Twelfth Annual CSUSM Psychology Student Research Fair

“The Costs and Benefits of Maternal Employment: Women’s Attitudes about Working”

Paper presented at Twelfth Annual CSUSM Psychology Student Research Fair

“The Women of Psychology: Who Are They and Why Don’t We Know Them?”

Display presented at Twelfth Annual CSUSM Psychology Student Research Fair

“The Effects of Perceived Parental Abilities on Adolescents’ Attitudes about Mathematics”

Poster presented at Palomar College

“Tolerance and Sensitization: The Effects of PCP on Rats”

CSUSM Physiological Psychology Lab Research Project

“Social Drinking and Shyness: The Role of Alcohol Expectancies”

CSUSM Psychology Lab Research Project

“Intersections of Race, Class, Gender and Sexuality in Disney’s Animated Films”

Lecture presented in CSUSM Women’s Studies 450 & 101 classes

“Mentoring Mom’s: A Program to Assist Teenage Mothers”

CSUSM Women’s Studies Independent Research Project